

CO-OP DEALS & SAVINGS

OFFERS GOOD THROUGH OCTOBER 29, 2024

WELLNESS



**Alaffia
Everyday Coconut
Hydrating Shampoo**

32 oz.
Reg. \$15.99
\$9.99



**Aura Cacia
Tea Tree Oil**

.25 oz.
Reg. \$7.49
\$4.69



**Herban Cowboy
Dusk Deodorant
Stick**

2.8 oz.
Reg. \$7.49
BOGO



**Country Life
Coenzyme B
Complex**

120 count
Reg. \$28.99
\$19.99



**Natural Factors
Oil of Oregano**

1 oz.
Reg. \$24.99
BOGO



**Wishgarden Herbs
Kick Ass Immune**

2 oz.
Reg. \$25.99
\$15.99

REFRIGERATED



**Oatly
Full Fat
Oatmilk**

64 oz.
Reg. \$5.99
\$4.49



**Health-Ade
Ginger Lemon
Kombucha**

16 oz.
Reg. \$4.29
2/\$5



**Honey Mama's
Lavender Rose
Truffle Bar**

2.5 oz.
Reg. \$5.99
2/\$8

Celebrating 50 years of cooperation since 1973!

811 I Street Arcata, CA (707) 822-5947 | 25 4th Street Eureka, CA (707) 443-6027
Open daily 7am-9pm | www.northcoast.coop



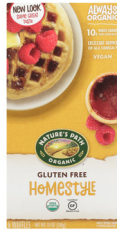
FROZEN



**Beyond Meat
Classic Breakfast
Sausage Patty**

7.4 oz.
Reg. \$6.69

BOGO



**Nature's Path
Homestyle
Waffles**

7.5 oz.
Reg. \$4.99

\$3.29



**Wyman's
Wild
Blueberries**

3 lb.
Reg. \$17.99

\$11.99

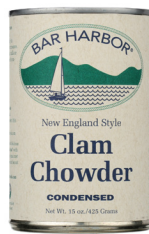
GROCERY



**Annie's
Shells with Aged
Cheddar**

6 oz.
Reg. \$3.69

2/\$3



**Bar Harbor
Northeast Clam
Chowder**

15 oz.
Reg. \$5.49

\$3.79



**Birch Benders
Buttermilk Pancake/
Waffle Mix**

16 oz.
Reg. \$6.99

4.99



**Imagine
Free Range
Chicken Broth**

32 oz.
Reg. \$4.69

2/\$7



**Lotus Foods
Brown Rice &
Millet Ramen**

2.3 oz.
Reg. \$3.69

BOGO



inclusive trade



**Mom's Best Cereals
Honey Nut
Toasty O's**

20 oz.
Reg. \$6.69

2/\$9

NEW AT THE CO-OP



**Deep Indian
Kitchen Butter
Chicken Kvati
Street Wrap**

This Kati starts with paratha bread, is filled with marinated shredded chicken, and then smothered in a rich, creamy butter sauce. Perfect for an on-the-go meal or a late night snack.



**Actual Veggies
Black Bean Veggie
Burger**

These new veggie burgers are the real deal. Crafted black beans and caramelized onions are the stars of the show. With a minimal, whole food ingredient list the company stays true to their motto of all real ingredients & nothing else.



**Tillamook
Cream Cheese
Brick**

Tillamook took a basic brick of cream cheese and decided to add extra cream to create an extra rich and creamy experience. The additional cream boosts the milkfat content and is almost like having a piece of cheesecake in brick form.





**Pacific
Chicken Noodle
Soup**

16.1 oz.
Reg. \$5.49



2/\$7



**Rao's
Penne Rigate
Pasta**

16 oz.
Reg. \$4.29

2/\$5



**Siete
Black Refried
Beans**

16 oz.
Reg. \$3.49



2/\$5



**So Delicious
Original Unsweetened
Coconut Milk**

32 oz.
Reg. \$3.49

\$2.79



**Tasty Bite
Bombay
Potatoes**

10 oz.
Reg. \$4.99

2/\$6



**Woodstock
Roasted Red
Peppers**

16 oz.
Reg. \$7.49



\$4.99

MEMBER ONLY DEALS



**Knudsen
Just Tart
Cherry Juice**

32 oz.
Reg. \$11.49



\$6.99



**Kettle
Sea Salt Potato
Chips**

13 oz.
Reg. \$7.49

\$5.99



**Divina
Organic
Castelvetrano Olives**

6 oz.
Reg. \$7.99



\$6.49



**Garden of Eatin'
Sesame Blues
Tortilla Chips**

5.5 oz.
Reg. \$4.29



2/\$5



**Patak's
Mild Curry
Paste**

10 oz.
Reg. \$6.49

\$4.99



**Nona Lim Spicy
Sichuan Instant
Noodle Bowl**

1.9 oz.
Reg. \$5.49

\$3.99



Seeds

FOR CHANGE

Round-up Program

Plant the seeds for a better community!
Round up your purchase to the nearest dollar at the register to benefit this month's featured community organization:



Environmental Protection Information Center

OCTOBER IS: MEMBER APPRECIATION MONTH

MEMBERS SAVE 10% ON ANY ONE SHOPPING TRIP

NORTH COAST
CO-OP

MEMBER SPECIALS:

OCTOBER 1 - OCTOBER 6

25% OFF SOURCE NATURAL WELLNESS
FORMULA CAPSULES & TABS

OCTOBER 14 - OCTOBER 20

25% OFF GLENDENEN'S APPLES
ALL VARIETIES

OCTOBER 7 - OCTOBER 13

MAPLE VALLEY ORGANIC MAPLE
SYRUP 32 OZ - \$19.99

OCTOBER 21 - OCTOBER 27

2/\$7 RUMIANO EUROPEAN
STYLE BUTTER 8 OZ



Stay Connected!

Join our email list to have local sales
at North Coast Co-op delivered to your inbox!
www.northcoast.coop/connect

Look for these logos in store for more great deals!

coop[™]
basics

coop[™]
deals

We Own It!

We'd love for you to become a member! Visit Customer Service to join.